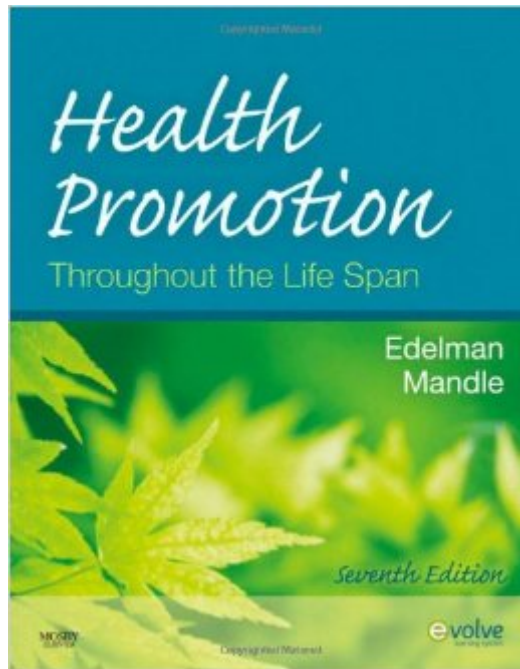


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# Health Promotion Throughout The Life Span, 7e (Health Promotion Throughout The Lifespan (Edelman))



## Synopsis

Up to date and easy to read, this textbook provides comprehensive coverage of all major concepts of health promotion and disease prevention. It highlights growth and development throughout the life span, emphasizing normal development as well as the specific problems and health promotion issues common to each stage. All population groups are addressed with separate chapters for individuals, families, and communities. UNIQUE! The assessment framework for this textbook is based on Gordon's Functional Health Patterns and offers a consistent presentation of content and a health promotion approach. Extensive coverage of growth and development throughout the life span emphasizes the unique problems and health promotion needs of each stage of development. UNIQUE! Think About It boxes present a realistic clinical scenario and critical thinking questions. UNIQUE! Multicultural Awareness boxes present cultural perspectives important to care planning. Research Highlights boxes discuss current research efforts and research opportunities in health promotion. UNIQUE! Hot Topics boxes explore significant issues, trends, and controversies in health promotion to spark critical discussion and debate. UNIQUE! Innovative Practice boxes offer examples of unique and creative health promotion programs and projects. Updated nutrition coverage includes MyPyramid from the FDA, as well as the latest information on food safety and fad diets. Expanded health policy coverage focuses on global health, historical perspectives, financing healthcare, concierge medical practices, and the hospitalist movement. Health Promotion for the Twenty-First Century explores current and future health promotion challenges and research initiatives. Updated Healthy People 2010 data includes midcourse review objectives and an introduction to Healthy People 2020. Case Studies and Care Plans summarize key concepts and show how they apply to real-life practice.

## Book Information

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## Customer Reviews

This book is required for my Community Nursing course. I have completed more than half the book and am doing well in the class - but not due to actually having read it. To learn anything from this book takes mental acrobatics - seriously. The organization seems well-defined, but the actual writing is so poorly executed that reading it is slow torture. The authors use as many words as possible to define every concept, turning what should be simple definitions into paragraph long sentences. The chapters drone on and on, making it nearly impossible to simply sit, read and gain an understanding of community health. Each chapter takes you through Gordon's Functional Health Patterns to demonstrate how at every stage of life countless influences affect a person's health. Rather than taking an internal locus of control approach to health promotion, the book sees individuals as victims of life with little hope of overcoming all the obstacles to good health. As a previous reader noted, there is an overabundance of relying on government programs to ensure personal health. But the book actually goes beyond describing individuals as helpless and actually characterizes individuals of low social-economic status in ways that can only be described as stupid. For example, in the chapter on infancy, a description of the risks for homeless infants is that they will not have cribs or be held. No explanation of why poor parents will not hold their children, no citation of research on parenting styles of homeless (or even poor) parents. Just the assumption that if you are poor you don't hold your baby. When I showed some of my concerns to my clinical adviser she was actually offended at how ridiculously inept the book claims individuals are simply because they are poor.

As another reviewer observed, this textbook is about health and wellness as much as a cookbook is about farming. It's an insipid mishmash of sociological jargon, a smorgasbord of breathless passages like "A central unifying theme has historically linked definitions, philosophies, and frameworks of nursing, known as holistic attention to pattern recognition during the examination of person-environment relationships throughout the life span." There's enough postmodern hot air in these pages to inflate a fleet of Goodyear blimps. In this book is an obsession with classifying every phenomena regarding the functioning of the human body as a process within a pattern within society. No connection is too tortured for the various authors; consider this labored definition of food

intake as an example of the so-called "individual environmental focus of Gordon's framework. Although reference is made within many patterns to environmental influence, it often refers to the physical environment within and external to the individual. Common to each functional health pattern are environmental influences such as role relationships, family values, and societal mores. Personal preference, knowledge of food preparation, and ability to consume and retain food govern the individual's intake. Cultural and family habits, financial ability to secure the food, and crop availability also influence food intake. Additionally, the person who secures, prepares, and serves the food, such as the mother or father, controls nutritional intake for children."I dare anybody, including the author of that horrendous passage, to explain to me what in the name of God any of that has to do with actual intake of food by actual persons.

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